

“HE RESTORES MY SOUL - Part II” (Psalm 23)

Pastor Mark Johnson

November 20, 2022

INTRO: We are three-part beings (1Thess. 5:23).

Body – the physical home of our spirit and soul.

Spirit – the innermost part of a human being where we connect with God on the deepest level.

Soul – our mind, will and emotions.

I. WHAT DOES IT MEAN TO HAVE OUR SOUL RESTORED?

A. To look to Jesus as our shepherd (trust & follow) (v. 1).

1. Jesus meets our needs, satisfies and nourishes us and gives us peace (Ps. 23:1b-2).

2. Jesus restores (renews, refreshes) our soul (Ps. 23:3a).

3. Jesus leads us in the way to go, gives us victory over fear and comforts us (Ps. 23:3-4).

4. Jesus sustains and blesses us in an evil world (v. 5a).

5. Jesus anoints us for character and ministry (v. 5b).

6. Blessings overflow and we impact others (v. 5c).

7. Goodness and mercy follow us always (Ps. 23:6a).

8. We dwell in God’s presence with God’s people (v. 6b).

B. Our mind, will and emotions are submitted to and controlled by Christ through the Holy Spirit.

C. We focus more on the inward than the outward (1Sam. 16:7; 2Cor. 10:7; 4:18; 1Pet. 3:3-4).

II. WHAT IS THE PROCESS OF SOUL RESTORATION?

A. Soul restoration is more of a process than an event.

B. Soul restoration addresses our hurts, brokenness, etc., and therefore, takes us far outside of our comfort zone.

C. God can use whatever & whoever He chooses to bring us through the process: spiritual disciplines, people we like & don’t like, circumstance (good & bad), etc. (Rom. 8:28).

III. FACETS OF SOUL RESTORATION: Identity, repentance, breaking family sin patterns, forgiveness, healing, overcoming fear, and deliverance.

IV. THINGS THAT CAN BLOCK SOUL RESTORATION: Defensiveness, blame, bargaining with, pride and superficial surrender to God.

CONCLUSION: God wants to restore your soul! Let Him!