

## “RUNNING WITH ENDURANCE THE RACE THAT IS SET BEFORE US” (Hebrews 12)

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**INTRO:** In our series on Hebrews, we’re going to cover the second to the last chapter this morning (chapter 12).

### **I. Enduring in The Race of Faith (vv. 1-4)**

- A. Let’s follow the faith examples of those from ch. 11.
- B. Let’s lay aside sin and distractions (v. 1).
- C. Endurance requires training!
- D. Keep your eyes on Jesus (vv. 2-4)!

### **II. The Chastening of the Lord (vv. 5-11)**

- A. God disciplines those He loves – His children (vv. 5-6).
- B. God’s discipline is evidence of our sonship (vv. 7-8)!
- C. Yield respectfully to God’s discipline, which is for our benefit (vv. 9-11).

### **III. Live a Life of Spiritual Discipline (vv. 12-17)**

- A. Take personal responsibility for your spiritual development – to strengthen yourself (vv. 12-13).
- B. Pursue peace with others & holiness (v. 14; Rom. 12:18).
- C. Don’t allow a root of bitterness to exist (v. 15).
- D. Don’t trade the spiritual for the carnal (vv. 16-17).

### **IV. Mount Sinai vs. Mount Zion (vv. 18-24)**

- A. Mount Sinai (vv. 18-20; Ex. 19:12-13) – the O.T. law.
- B. Mount Zion (vv. 22-24) – the new covenant freedom.
  - 1. The new Jerusalem over the old Jerusalem (Rev. 21).
- C. The son of the bondwoman (law & bondage) vs. the son of the freewoman (freedom) (Gal. 4:21-31).

### **V. The Shaking of the Voice of the Lord (vv. 25-29)**

- A. Heed the voice of God or face the consequences (v. 25)!
- B. The characteristics of the voice of the Lord (Ps. 29).
- C. The Great Shaking (vv. 26-29; Hag. 2:6).
- D. God’s shakings remove the carnal while securing the spiritual (Matt. 3:11-12).
- E. We are part of a kingdom that cannot be shaken!

**CONCLUSION:** Let’s run our leg of the faith race with endurance! Are there any changes you need to make?